Bringing quality of life to patient care
ePAQ®, the electronic Personal Assessment Questionnaire, is an interactive, web-based computerised interview designed for use in routine clinical practice. It combines the accuracy and reliability of validated self-completed questionnaires with 'intelligent' computer software.

Comments from patients

“Helped express my problems enormously”

“Helped focus on urgent and relevant problem”

“Helps talk at ease about my problems”

“Good, enjoyable, easy and quick!”

“It was good fun”
ePAQ® (Pelvic Floor)

ePAQ® currently offers a single instrument, ePAQ® (Pelvic Floor) which assesses 4 dimensions of women’s health: Urinary, Bowel, Vaginal and Sexual.

What does ePAQ® offer to patients and clinicians?

- Instant and interactive assessment and analysis
- High acceptability and satisfaction ratings
- Secure data handling and processing
- Questionnaire builder software
- The ‘Virtual Clinic’

Instant and interactive assessment and analysis

ePAQ® is interactive, user-friendly and comprehensive, not only measuring symptoms, but also their impact on quality of life. The simple and standardised one-question-per-page format, coupled with interactive data collection and complex mathematical modelling, produces an instantaneous symptoms score in 19 valid and reliable symptoms domains, highly relevant to clinical practice. ePAQ® is web-based and can be used on any normal desktop computer, or hooked up to a touch screen, allowing users to complete questionnaires without the use of a mouse or keyboard - no computer experience is necessary.

High acceptability and satisfaction ratings

Feedback from users in different settings is extremely positive. Surveys of users of ePAQ® (Pelvic Floor) have found that most women find the questionnaire helpful, relevant and easy to use.

Secure data handling and processing

Data from ePAQ® may be exported in csv format for use in Excel or other analysis packages. Data from tablet or other stand-alone PCs, as well as from epaq-online (see below) may be exported in an encrypted form and uploaded into a central ePAQ® database.

Access to data is password protected and regulated in accordance with the Data Protection Act and with the involvement of IT departments. Data can only be used with express permission of the patient themselves for service evaluation, audit and research using a robust and meaningful measure of outcome.

Questionnaire builder software

It is possible to contribute and participate in future ePAQ® projects, with the creation of new instruments and further enhancements to the existing system. Individual elements (such as help pages and clinical algorithms) can be edited and amended to suit local needs. New instruments, updates, upgrades and translations will be readily available to subscribers, adding yet greater functionality.

The ‘Virtual Clinic’

(www.epaq-online.co.uk)

The ePAQ® virtual clinic is available for ePAQ® (Pelvic Floor) via the Internet (www.epaq-online.co.uk). Patient’s data are collected anonymously and can be made available to registered ePAQ® clinicians if the patient so wishes. Data can then be reviewed by the clinician themselves, allowing triage and follow-up as well as feedback of relevant condition-specific information, in advance of (or in some cases instead of) clinic appointments. Patient satisfaction with this web-based version of the instrument has also been extremely high, with potential for substantial time and cost savings, whilst also enhancing the patient experience.
Comments from clinicians

“Allows the clinician and the patient to reach a mutual agreement on treatment targets and priorities”

“Gives me insight into the impact of illness on a patient’s quality of life”

“Gives the patient the freedom to express her perception of her illness and quality of life”

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**Technical Requirements**

ePAQ® is a browser-based application developed using Microsoft .NET technologies to run on Windows Servers (2000 or 2003). Instrument definitions and response data are stored in a SQL Server 2000 or 2005 database. ePAQ® may be run in a multi-user environment over a secure intranet/extranet or in single-user mode on desktop or tablet PCs running Windows XP Professional or Tablet Edition (with or without a touchscreen).

Server O/S: Windows 2000 Server running IIS 5 or Windows 2003 Server running IIS 6 and .NET framework 1.1

Database: SQL Server 2000 or 2005 (any edition)

Browser: Internet Explorer 5.5 or above (preferred), Firefox, Opera

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**Summary report from ePAQ® indicating impact of symptoms on quality of life**

**Willing to answer?**

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<thead>
<tr>
<th>Item</th>
<th>Yes</th>
<th>Recomended?</th>
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<tbody>
<tr>
<td>Sexuality active</td>
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<td>SEI &amp; BLADDER Overall Impact</td>
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<tr>
<td>Incontinence</td>
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<td>Organ issues</td>
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<tr>
<td>Pelvic pain</td>
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<tr>
<td>Post opal (T1)</td>
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<tr>
<td>Avoids</td>
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<tr>
<td>Partner avoids</td>
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<tr>
<td>Anxiety</td>
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<tr>
<td>SEI &amp; VAGIBA Overall impact</td>
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<td>Folate Inco</td>
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<td>Fatigue</td>
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<td>Anxiety</td>
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<td>Satisfied overall</td>
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<tr>
<td>Chf health &amp; sex</td>
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<td></td>
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<tr>
<td>Partner’s health</td>
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</table>

**Summary Report**

If you would like more information about ePAQ®, please contact:

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